

## The effect of chitosan on body weight, body fat and lipid profiles among vietnamese overweight : obesity dyslipidaemic female teachers

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### Abstrak

Chitosan, a cationic polysaccharide derived from the cuticle of crustacean, is promoted as a remedy to reduce fat absorption, might help reducing body weight and normalizing lipid profile without any harmful effect. However, its clinical effectiveness for this condition remains disputed. Therefore, study on that matters are required to investigate the effect of chitosan on human body weight and lipid profile. <br><br>

This research report is divided in three sequential parts. Part 1 contents comprehensive reviews on the background and rationale of the study, problem statements, literature review, causal model, objectives of the study and the hypotheses. <br><br>

Part 2 covers manuscript for publication entitled "The effects of chitosan on body weight, body fat and lipid profiles among Vietnamese overweight obesity dyslipidaemia female teachers" that presents the main findings of the study. The manuscript is written in accordance with the "Instructions for Authors" of Peer Reviewed Journal "Asia Pacific Journal of Clinical Nutrition". <br><br>

Part 3 consists of detailed questionnaire, methodology, and other important results that are not included in manuscript. Form used for inform consent as well as references are also attached. <br><br>

Hopefully, this research report will give more information for better understand of the emerging issues and give benefit for future studies.