

## Performance basics

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### Abstrak

A trainers guide to human performance improvement (HPI)a growing area of expertise amongst WLP professionals.

Performance Basics is a foundational resource for those with little or no experience in HPI. It presents all the fundamentals of this important discipline and instructions for how to apply HPI principles to your training practices. Examples, checklists, and additional tools aid in your progression to becoming a knowledgeable HPI practitioner.