

## Drug addict treatment and rehabilitation programme at Pondok Inabah, Kuala Terengganu, Terengganu, Malaysia (1998-2011)

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### Abstrak

Many efforts have been undertaken by the government and the private sector to treat and rehabilitate drug addicts in this country. One of these efforts is through the Inabah programme. Inabah Programme is a programme of treatment and rehabilitation of drug addicts through spiritual means. This programme were implemented in 1985 and has gone through several phases of improvements. Pondok Inabah operated legally in terms of law and under the auspices of the Anti-Drug Association of Malaysia or Persatuan Mencegah Dadah Malaysia ( PEMADAM). In addition to profiling Inabah programme participants; this study aims to identify the implementation and effectiveness of drug treatment and rehabilitation program implemented at Pondok Inabah. This study used qualitative methods, using some techniques to obtain data; review documents through the records and reports from Inabah; observat ion and in-depth interviews with respondents and key informants. The respondents are the participants of Inabah, and the key informant is the chairman of Inabah. The study found that the guidelines for the program implementations are implemented by all Pondok Inabah branches. Profile of participants in the benefit of treatment and rehabilitation are also identified. The findings also showed that the spiritual approach is one of the best treatment and rehabilitation of drug addicts, especially through st rategic programs implemented by Inabah. The role of purification the soul of human development in a civilized society shows that the theory and practice recommended by the Sufis is relevant with the situation of our society, especially in the treatment and rehabilitation of drug addicts.