

Pengaruh hypnocaring terhadap self efficacy ODHA di Daerah Istimewa Yogyakarta = The Effectiveness of hypnocaring toward Self efficacy people living with HIV/AIDS in Yogyakarta Province

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Abstrak

ABSTRAK

Individu yang terinfeksi HIV/AIDS mengalami berbagai permasalahan seperti ketidakberdayaan, keterbatasan, status yang dirugikan, pencabutan hak milik serta risiko terhadap berbagai macam penyakit. Self efficacy yang tinggi merupakan pendukung dalam keberhasilan perawatan ODHA, sehingga diperlukan intervensi keperawatan yang berdampak dalam meningkatkan self efficacy ODHA. Penelitian ini bertujuan mengetahui pengaruh hypnocaring terhadap self efficacy orang yang terinfeksi HIV/AIDS di Daerah Istimewa Yogyakarta. Desain penelitian menggunakan quasi eksperimen pre post with control grup. Pengumpulan data dilakukan dengan consecutive sampling dan teridentifikasi sebanyak 60 orang responden. Terapi hypnocaring yang dilengkapi dengan edukasi kesehatan dan hipnosis diberikan sebanyak 3 sesi dalam 1 minggu. Pengukuran self efficacy dilakukan sebelum intervensi dan 2 minggu setelah proses intervensi selesai. Hasil menunjukkan bahwa hypnocaring berpengaruh terhadap self efficacy ODHA ($p < 0,01$). Self efficacy meningkat dengan nilai rerata 65,37 menjadi 72,93. Hypnocaring juga dianjurkan menjadi salah satu kompetensi perawat komunitas dalam pemberian terapi komplementer kepada ODHA.

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ABSTRACT

An Individual infected with HIV/AIDS had various problems such as helplessness, limited, status of aggrieved, dispossession and the risk of various kinds of diseases. High Self efficacy was proponents the success of ODHA care, so it was required nursing interventions that have an impact in improving the self efficacy ODHA. This study aims to know the influences of hypnocaring toward self efficacy people with HIV/AIDS in Special Region of Yogyakarta. The study design was quasi eksperimen pre post with control grup. The data collection with done consecutive sampling and identified about 60 respondents. Hypnocaring Therapy equipped with health education and a hypnotic given about three sessions in one week. The self efficacy measurement done before intervention and finished in 2 weeks after the intervention process finished. The result show that hypnocaring had an influenced to self efficacy ODHA ($p < 0,01$). Mean of Self efficacy to increase from 65,37 into 72,93. Hypnocaring suggested given on support peer groups hypnocaring also appealed to be one of competence community nurse in the provision of therapy complementary to ODHA.