

Assessing time, career, and life directions: workplace issues

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Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20441239&lokasi=lokal>

Abstrak

One of the most difficult challenges facing professionals today is self-assessment. With the busyness of your day-to-day life, it can be difficult to balance your work and your life. Key things such as recognizing your talents and reviewing your priorities get often overlooked.