

## Time mastery: how temporal intelligence will make you a stronger, more effective leader

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### Abstrak

To be most effective, leaders must move beyond time management to time mastery. Time managers are reliant on clocks and calendars; time master develop an intuitive sense of timing. Time managers see time as a fixed, rigid constant; time masters view it as relative and malleable. Time masters have what John Clemens and Scott Dalrymple call the critical skill of "temporal intelligence." Based on more than four years of research, Time Mastery includes dozens of examples of leaders whose temporal intelligence has helped them achieve business break throughs at organizations such as GE, 3M, Staples, and Dell. Readers will learn to develop six time-mastery behaviors, including how to: treat time as a continuous "flow" of peak experience - set the rhythm of their organization - look beyond the moment and encourage long-term, strategic thinking - and use time as an energizing principle that drives improvement. With intriguing examples from sports, science history, and the performing arts, as well as business, Time Mastery takes a fascinating in-depth look at a surprising new leadership skill.