Put emotional intelligence to work: equip yourself for success

Feldman, Jeff, author

Deskripsi Lengkap: https://lib.ui.ac.id/detail?id=20441946&lokasi=lokal

Abstrak

Teaches that emotional awareness is a direct key to personal and professional success and will help individuals at all levels understand how emotions have a direct and profound effect on how well he or she performs on the job and in life. This title also presents techniques to advance emotional self-awareness and tips to build self-esteem.