

Sudah Tepatkah Bunda dalam Mengontrol Tingkah Laku Si Kecil? : Kontribusi Management Language Ibu dalam Memprediksi Executive Function pada Anak Prasekolah = Have Mothers Applied Appropriate Control for Their Children? : The Contribution of Maternal Management Language in Predicting Executive Function on Preschoolers

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Abstrak

ABSTRAK

Sebagian besar orang tua sampai saat ini masih beranggapan bahwa kontrol yang tinggi berupa hukuman fisik serta berbagai macam perintah merupakan hal yang wajar diberikan dalam mendidik anak. Padahal beberapa penelitian sebelumnya menemukan pengaruh yang negatif dari praktek kontrol yang demikian terhadap perkembangan fungsi kognitif anak, salah satunya fungsi executive function (EF). Akan tetapi masih sedikit riset yang membahas lebih lanjut dinamika antar kedua variabel ini. Penelitian ini bertujuan untuk melihat kontribusi ujaran verbal yang dilakukan Ibu ketika mengontrol tingkah laku anak (management language) dalam memprediksi EF anak usia 48-72 bulan. Sebanyak 90 anak dan para Ibu diikutsertakan dalam aktivitas permainan yang direkam dengan durasi 10 menit untuk menentukan tipe management language (direction maupun suggestion) yang Ibu ucapkan selama bermain. EF anak diukur menggunakan serangkaian tes peforma yang terdiri dari Matahari/Rumput, Backwards Word Test, dan Dimensional Change Card Sorting. Hasilnya management language, khususnya management direction berkontribusi secara signifikan negatif terhadap perkembangan EF anak bahkan ketika pengaruh usia dan SSE telah dikontrol. Riset ini berimplikasi pada pengetahuan terkait cara Ibu mengontrol tingkah laku anak menggunakan komunikasi verbal yang dapat mengoptimalkan perkembangan EF anak usia prasekolah.

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ABSTRACT

Until recently, it is known that majority of parents consider a high control such as corporal punishment as well as a variety of commands are common practice in nurturing children. On the other hand, some studies have found a negative impact on the practice of such controls to the development of children's cognitive functions, including executive function (EF). Nevertheless, the number of study covering this issue is still limited. This study aimed to examine the contribution of verbal utterances used by mother when controlling the child's behavior, known as management language, in predicting EF on children age 48-72 months. A number of 90 children and the mothers participate in the game activity video-taped with a duration of 10 minutes to determine the type of mother's utterance of language management (direction or suggestion) during activity. Child's EF performance was measured using a series of tests consisting of Matahari/Rumput, Backwards Word Test, and Dimensional Change Card Sorting. The result showed that management language, especially management direction, had a significant negative contribution to the development of child's EF, even when the effects of age and SSE are controlled. This research has implications on the way mother control child's behavior using verbal utterances that can optimize the development of EF preschoolers.