

Hubungan antara dukungan suami dengan skor breastfeeding self-efficacy pada ibu menyusui = Correlation between husband's support and breastfeeding self-efficacy score of breastfeeding mother

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Abstrak

Air susu ibu merupakan makanan terbaik bagi bayi. Namun, cakupan air susu ibu eksklusif di Indonesia masih tergolong rendah. Tingkat keyakinan ibu dalam menyusui atau Breastfeeding Self Efficacy dapat digunakan untuk memprediksi keberlanjutan proses menyusui. Dukungan suami diduga berpengaruh terhadap skor Breastfeeding Self Efficacy. Penelitian ini dilakukan untuk melihat adanya hubungan dukungan suami terhadap skor Breastfeeding Self Efficacy.

Desain penelitian ini adalah cross sectional dengan metode deskriptif korelatif. Penelitian dilakukan pada 103 responden ibu menyusui di Depok. Penelitian menunjukkan gambaran karakteristik ibu menyusui dan suami serta skor Breastfeeding Self Efficacy. Hasil penelitian menunjukkan tidak ada hubungan yang signifikan antara dukungan suami dengan skor BSE ibu menyusui di Depok dengan $p = 0,275$ ($p > 0,05$). Gambaran skor BSE dapat dijadikan acuan untuk program peningkatan cakupan ASI eksklusif.

Breast milk is the best the best nutrition for babies. However, exclusive breastfeeding rate in Indonesia is still low. Breastfeeding self efficacy can be used to predict breastfeeding sustainability. Husband support can be expected to increase breastfeeding self efficacy score. The goal of this research is to identify whether there is correlation between husband's support and breastfeeding self-efficacy score of breastfeeding mother.

Design of this research is cross sectional with correlative descriptive method. 103 respondents was involved in this research. This research describe characteristics of breastfeeding mothers and their husband, and Breastfeeding Self Efficacy scores. Result of this research show that there is no significant correlation between husband's support and Breastfeeding Self Efficacy scores. Overview of Breastfeeding Self Efficacy scores can be used for increasing exclusive breastfeeding rate programme.