

# Efektifitas model delegasi keperawatan relactor terhadap kualitas pendelegasian keperawatan di Rumah Sakit Roemani Semarang = Effectivity of nursing delegation model relactor toward quality of nursing delegation in Roemani Hospital Semarang

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## Abstrak

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Delegasi keperawatan merupakan salah satu aktifitas kepala ruangan melaksanakan fungsi manajemen dalam pemberian pelayanan keperawatan. Mekanisme delegasi keperawatan yang efektif menjamin kualitas pendelegasian keperawatan. Penelitian ini bertujuan memperoleh model delegasi keperawatan yang efektif dan meningkatkan kualitas pendelegasian keperawatan kepala ruangan. Penelitian ini dilakukan tiga tahap yaitu tahap 1 identifikasi masalah melalui penelitian deskriptif kualitatif fenomenologi, tahap 2 pengembangan model, dan tahap 3 penelitian kuasi eksperimen pre-posttest control group design. Metode sampling tahap 1 dengan purposive sampling dengan 4 partisipan. Tahap 3 sampel dipilih secara probability sampling yaitu simple random sampling sejumlah 70 responden 35 responden kelompok intervensi dan 35 kelompok kontrol. Hasil penelitian tahap 1 didapatkan 5 tema yaitu proses kegiatan delegasi keperawatan belum sesuai prinsip, prosedur delegasi keperawatan tidak standar, kegiatan delegasi tidak terdokumentasi, perbedaan pemahaman antar partisipan tentang prosedur delegasi, dan belum ada penerapan penghargaan atau sanksi untuk proses delegasi yang telah dilaksanakan. Tema tersebut dikembangkan pada tahap ke 2 menjadi model delegasi keperawatan yang diberi nama 'Relactor'. Di tahap ke 3 terbukti bahwa model delegasi keperawatan 'Relactor' meningkatkan kualitas pendelegasian keperawatan p

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Nursing delegation becomes one of management function of head nurse activity in providing nursing care. The mechanism of effective nursing delegation assures quality of nursing delegation. This research aimed to discover effective nursing delegation model and improve quality of nursing delegation of head nurse. This study undergone 3 steps include step 1 problem identification through descriptive qualitative phenomenology research, step 2 model development, and step 3 quasi experimental research pre post test control group design. Sampling method of step 1 with purposive sampling involved 4 participants. Seventy respondents 35 respondents at each group had been collected by using simple random sampling probability sampling during step 3. Research result of step 1 obtained 5 themes, those were inappropriate nursing delegation process, unstandardized nursing delegation procedure, undocumented delegation activity, different understanding among participants about delegation procedure, and the absence of reward and punishment for implemented delegation. Those themes were developed at step 2 that hereinafter called nursing delegation model 'Relactor'. Step 3 was successfully proved that there was significant influence of nursing delegation model 'Relactor' toward quality of delegation. The study recommended that 'Relactor' model can be applied in nursing service and be executed continuous monitoring to measure success.