

Pengalaman lanjut usia mendapatkan dukungan keluarga

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Abstrak

Lanjut usia mengalami proses penuaan yang mempengaruhi fungsi fisik dan psikososial. Penelitian ini bertujuan mendapatkan gambaran pengalaman lanjut usia terhadap dukungan keluarga di panti wredha AB. Penelitian ini merupakan pendekatan kualitatif fenomenologi deskriptif menggunakan wawancara mendalam dan catatan lapangan. Alasan lansia di panti digambarkan dengan tema keinginan personal dan kelemahan struktur kekuatan keluarga. Masalah yang dialami lansia digambarkan dengan tema masalah fisik dan masalah psikososial. Dukungan yang diterima digambarkan dengan tema sumber dukungan dan jenis dukungan. Makna dukungan digambarkan dengan tema kesenangan batin. Harapan lansia digambarkan dengan tema mempertahankan hubungan. Hasil penelitian ini diharapkan menjadi dasar program promosi dan preventif bagi lanjut usia.

<hr>Elderly experience aging process influences physical and psychosocial functions. The aim of this research is to find description about elderly experience getting family support in AB nursing home. This research has conducted through qualitative approach using descriptive phenomenology design and was done through deep interview and field note. The aging reasons were described by themes of personal desire and weakness of family power structure. The aging problems were described by themes of physical and psychosocial problem. The supports which have received were described by themes of supporting resource and kind of support. The meaning of support was described by internal happiness. The aging hope was described by theme of defend relationship. The result of this research is expected to be able to become the foundation of promotion and prevention programs for elderly.