

Journal of family psychology

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20452465&lokasi=lokal>

Abstrak

The special issue addresses the importance of sleep considered within a family context in relation to a broad range of behavioural, emotional, and physical health issues. The collection of articles provides several excellent examples of studies that emphasize a family context for understanding various aspects of sleep in infants, children, adolescents, and adults. Taken together, these studies raise a set of compelling questions for future research in this area.