

Mengefektifkan program komunitas terapeutik dimodifikasi dari perspektif penyalahguna narkotika dan konselor adiksi di balai besar rehabilitasi Badan Narkotika Nasional Lido = Making effective modified therapeutic community program from narcotics abuse perspective and adiksi counselor at central agency for rehabilitation of national narcotics agency Lido

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Abstrak

Penyalahguna narkotika wajib menjalani rehabilitasi untuk mendapatkan pengobatan dan perawatan agar pulih dari ketergantungannya. Kualitas pelayanan rehabilitasi yang baik dan pelaksanaan metode 'komunitas terapeutik dimodifikasi' yang benar dapat memperpanjang waktu pemulihan mereka. Balai Besar Rehabilitasi Badan Narkotika Nasional Lido menerapkan program 'komunitas terapeutik dimodifikasi' dengan jangka waktu 4 bulan dan 6 bulan.

Tujuan penelitian ini adalah untuk mengetahui bagaimana pelaksanaan metode 'komunitas terapeutik dimodifikasi' berdasarkan persepsi penyalahguna yang sedang menjalani program 4 bulan dan 6 bulan serta konselor adiksi agar Balai dapat meningkatkan kualitas pelayanan dan pelaksanaan program rehabilitasi.

Metode penelitian ini adalah kualitatif dengan deskriptif analitis. Sampel penelitian secara purposive sampling. Jumlah sampel yang digunakan adalah 2 residen laki-laki pada fase older primary program 4 bulan, 3 residen laki-laki pada fase older primary program 6 bulan, dan 2 konselor adiksi.

Hasil penelitian adalah para informan menyatakan bahwa semua kegiatan di program komunitas terapeutik dapat mempengaruhi pelaksanaan program dan rasa jemu residen dapat menghambat pelaksanaan program. Secara umum, penerima dan pelaksana program menganggap program 'komunitas terapeutik dimodifikasi' bermanfaat, tetapi ada hal-hal yang perlu diperbaiki seperti penambahan kegiatan, pelaksanaan 5 pola hidup sehat dan regulasi emosi para residen.

.....Narcotics abusers are required to undergo rehabilitation to get treatment and care in order to recover from their dependence. The quality of good rehabilitation services and the correct implementation of 39 correct therapeutic communities 39 methods can extend their recovery time. Center for Rehabilitation of the National Narcotics Agency Lido implements a 39 modified therapeutic community 39 program with a period of 4 months and 6 months.

The purpose of this study is to find out how the implementation of 39 therapeutic community modified 39 method based on perception of abusers who are undergoing 4 months and 6 months program and addiction counselor to improve the service quality and implementation of rehabilitation program.

This research method is qualitative with analytical descriptive. The sample of research is purposive sampling. The number of samples used were 2 male residents in the older primary program phase of 4 months, 3 male residents in the 6 month primary primary program, and 2 addiction counselors.

The results of the research are informants stated that all activities in the therapeutic community program can affect the implementation of the program and the resident saturation of the resident can hinder the implementation of the program. In general, beneficiaries and program implementers consider the 39

therapeutic community modified 39 program useful, but there are things that need to be improved such as the addition of activities, the implementation of 5 healthy lifestyles and emotional regulation of the residents.