

# Studi fenomenologi: pengalaman dan persepsi enterostomal therapy nurse (ETN) tentang konseling pra operasi stoma dan stoma marking = Phenomenology study experience and perception enterostomal therapy nurse etn on (PRE) operative counseling and stoma marking

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## Abstrak

### **ABSTRAK**

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Judul Tesis : Studi Fenomenologi: Pengalaman dan Persepsi Enterostomal Therapy Nurse ETN Tentang Konseling Pra Operasi Stoma dan Stoma Marking  
Stoma adalah lubang pada dinding abdomen berupa intestin yang dikeluarkan, dibuat melalui pembedahan untuk memenuhi kebutuhan eliminasi urin dan fekal. Stoma mengubah kehidupan individu. Konseling pra operasi stoma dan stoma marking menurunkan risiko terjadinya komplikasi, meningkatkan kemandirian dan kualitas hidup ostomate. ETN diharapkan berperan dalam persiapan pra operasi stoma. Tujuan penelitian ini adalah menggali pengalaman dan persepsi ETN tentang konseling pra operasi stoma dan stoma marking. Penelitian ini merupakan penelitian kualitatif menggunakan pendekatan fenomenologi. Metode pengumpulan data yang digunakan yaitu Focus Group Discussion FGD dengan jumlah partisipan 10 ETN dari seluruh Indonesia. Analisis data menggunakan Colaizzi. Penelitian menghasilkan 14 tema. Penelitian ini diharapkan dapat menjadi masukan bagi rumah sakit untuk menyusun SPO konseling pra operasi stoma dan stoma marking, menyusun kebijakan rasio jumlah ETN dan penempatan yang sesuai, pengembangan kurikulum pembelajaran dan pengukuhan konseling pra operasi stoma dan stoma marking sebagai intervensi keperawatan mandiri melalui riset lanjutan.

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### **ABSTRACT**

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Thesis Title Phenomenology Study Experience and Perception of Enterostomal Therapy Nurse ETN on Preoperative Counseling and Stoma Marking  
Stoma is an artificial opening on abdominal wall made between the bowel and skin and constructed by surgery, to divert faeces and urine. Stoma may change one's life. Pre operative counseling and stoma marking prior surgery have been known to decrease the stoma complications risks, promote independence and improve quality of life. ETN is expected to play an important role at pre operative stoma surgery. The purpose of this study was to explore an ETN's experience and perception on pre operative counseling and stoma marking. This study is a qualitative research with a phenomenology approach. The data was gathered using Focus Group Discussion FGD and involved 10 ETNs in Indonesia. Data was analyzed using a Colaizzi method. There were 14 themes emerged. It is recommended to formulate Standard Operating Procedure SOP of pre operative counseling and stoma marking, arrange policy to support ETN's role, and developing curriculum and further study as evidence based of pre operative counseling and stoma marking as one of nursing intervention.