

Aspek spasial permainan futsal = Spatial aspects of futsal game

Mochamad Aditya Supardi Putra, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20456463&lokasi=lokal>

Abstrak

Bergerak merupakan sebuah kondisi yang harus dilakukan manusia guna menjaga kesehatan tubuhnya. Olahraga dan tarian merupakan dua wadah bagi manusia dalam melatih gerak tubuhnya. Skripsi ini menelusuri macam-macam gerak yang terdapat pada permainan olahraga futsal, dan mencari kaitannya dengan ruang. Gerakan yang notabene bersifat acak, dan sulit untuk ditelusuri, ternyata dapat dijelaskan, diklasifikasikan, dan dinyatakan. Melakukan pengamatan dengan cara mengurai komponen gerak, lalu mencari keterhubungan tiap komponen merupakan cara untuk mengetahui kecenderungan gerak seseorang.

.....

Sports and dance are two mediums for human to practice their body movement. This writing is searching any classification of body movements in futsal game, and its relation with body spaces. Movement that has a disordered character could be explained, classified, and notated obviously. Observing a body movement with an analysis of movement components, then finding the linkage of its components is a method for knowing an inclination of human body movement. The inclination of movement is an action that human did for responding to their environment. Futsal game that is full of any situation forced every futsal player to respond to that situation with movement action. Through a deep observation, futsal game that has a disordered character could be notated that its spatiality aspects through a composition. At the end, this writing obtained any classification of spatial composition of futsal game. Keywords: moving, body movement, body spaces, action, futsal game, spatial composition.