

# **Problem-focused coping sebagai mediator hubungan antara job insecurity dan manajemen impresi = The mediating effect of problem focused coping on the relation between job insecurity and impression management**

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## **Abstrak**

Penelitian ini bertujuan untuk mengetahui pengaruh mediasi dari problem-focused coping pada hubungan antara job insecurity dan manajemen impresi. Dengan menggunakan Transactional Stress Theory sebagai acuan, individu dengan job insecurity tinggi akan mempersepsikan bahwa dirinya masih bisa mengubah keadaan di tempat kerjanya menjadi lebih baik dengan cara mengaktifkan problem-focused coping yang pada gilirannya akan meningkatkan perilaku proaktif berupa manajemen impresi. Data diperoleh dari karyawan yang berasal dari berbagai organisasi di Jakarta N = 286, dan dianalisis dengan macro Hayes pada SPSS versi 20.

Hasil penelitian menunjukkan bahwa tidak terdapat pengaruh positif yang signifikan antara job insecurity dan manajemen impresi, tidak terdapat pengaruh positif yang signifikan antara job insecurity dengan problem-focused coping, terdapat pengaruh positif antara problem-focused coping terhadap manajemen impresi. Secara lebih lanjut, problem focused coping secara signifikan memediasi hubungan antara job insecurity dan manajemen impresi. Implikasi teoritis dan praktis akan dibahas selanjutnya dalam penelitian ini.

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The study aims to investigate the mediating effect of problem focused coping on the relationship between job insecurity and impression management. Using Transactional Stress Theory to explain the relationship, it is suggested that a person with high job insecurity will perceive situation at work as something that can be modified, thus will lead them to perform impression management. Data were collected among employees from various organizations in Jakarta N 286, and were analyzed using the Hayes's PROCESS macro on SPSS version 20.

The results showed that there is no significant relationship between job insecurity and impression management, there is a negative and significant relationship between job insecurity and problem focused coping, and there is a significant positive relationship between problem focused coping and impression management. Furthermore, the indirect effect of job insecurity and impression management via problem focused coping was found significant. Theoretical and practical implications will be discussed later in this study.