

Optimalkan executive function anak dengan pengasuhan: hubungan parental control strategies dengan cool executive function anak prasekolah = Optimizing child's executive function with parenting relationship between parental control strategies and cool executive function of preschool children

Monica Christie, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20457223&lokasi=lokal>

Abstrak

Penelitian sebelumnya telah memperoleh hasil bahwa parental control merupakan salah satu pengasuhan orang tua yang berkontribusi terhadap perkembangan cool executive function EF, yaitu kemampuan kognitif tingkat tinggi yang dapat mendukung kesiapan sekolah anak prasekolah. Namun, kebanyakan penelitian sebelumnya hanya mengukur kontrol orang tua dalam bentuk verbal pada ibu, padahal kontrol orang tua juga dapat muncul dalam bentuk perilaku dan ayah juga memiliki peran dalam pengasuhan. Penelitian korelasional ini dilakukan untuk melihat kontribusi setiap aspek dalam kontrol verbal command, indirect command, dan prohibitions dan kontrol perilaku physical support, modeling, dan physical discipline dari ayah dan ibu terhadap komponen dalam cool EF inhibitory control, working memory, dan cognitive flexibility. Sejumlah 61 partisipan anak diberikan tiga tes yang mengukur komponen cool EF dan strategi kontrol orang tua diukur dengan sesi bermain orang tua dengan anak.

Hasil penelitian menunjukkan bahwa sejumlah aspek strategi kontrol dari ayah maupun ibu berkorelasi signifikan dengan komponen dalam cool EF anak, bahkan setelah pengaruh jenis kelamin anak, usia anak, dan SSE dikontrol. Penelitian ini menunjukkan bahwa orang tua dapat menggunakan strategi kontrol yang tepat untuk mengoptimalkan perkembangan cool EF anak usia prasekolah.

.....Previous studies had found that parental control is an aspect of parenting that contribute to cool executive function EF development, a set of higher order cognitive skills that can promote preschool children's school readiness. But, most of the previous studies measured only mother regulatory language or mother's verbal control strategies, even though parental control can also be emerged as regulatory behavior, and father also has role in parenting.

The current study investigated the contribution of every aspects in parent regulatory language command, indirect command, and prohibitions and parent regulatory behavior physical support, modeling, and physical discipline from both father and mother in relation to components of preschool children's cool EF inhibitory control, working memory, and cognitive flexibility. 61 participants were given three performance tests that assessed cool EF and parental control strategies were assessed through parent child play session.

The result revealed that some aspects of both father control strategies and mother control strategies had significant correlations with components of child's cool EF, even after the influences of child's gender, child's age and SES were controlled. This study pointed out that parent can use appropriate control strategies to optimize child's cool EF development.