

# Peran pengasuhan bagi anak usia dini: hubungan emotional support orang tua pada executive function anak prasekolah = Role of parenting in early childhood: correlation of parents' emotional support and preschooler's executive function

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## Abstrak

Emotional support ES merupakan pola pengasuhan yang responsif, positif, dan tidak memaksakan kehendak orang tua kepada anak. Penelitian terdahulu telah meneliti hubungan antara ES orang tua dengan performa executive function EF anak prasekolah, namun masih lebih berfokus pada ibu sebagai sumber emotional support. EF merupakan kemampuan kognitif yang berfungsi untuk mengontrol perilaku bertujuan.

Penelitian ini bertujuan untuk melihat hubungan antara emotional support ayah dan ibu terhadap performa cool dan hot executive function anak prasekolah usia 48-72 bulan. Sebanyak 61 partisipan ibu dan anak, serta 43 partisipan ayah ikut serta dalam penelitian ini. Anak diberikan beberapa tes EF, lalu ayah dan ibu diminta untuk bermain secara terpisah dengan anak.

Hasil penelitian menunjukkan bahwa secara umum terdapat hubungan antara ES ibu dengan performa hot EF anak, namun peran jenis kelamin dan usia anak serta tingkat SSE dan pendidikan orang tua yang besar terhadap EF membuat hubungan kedua variabel tersebut menjadi tidak signifikan. Penelitian ini diharapkan dapat menambah wawasan tentang pengasuhan orang tua yang responsif dan hangat terhadap performa EF anak usia dini.

.....Emotional support ES is a term for responsive, positive, and non intrusive parenting. Previous research had been conducted to see the relationship between parents emotional support and preschoolers executive function EF , yet still focused on mother as the provider. EF is a set of cognitive function that controls goal directed behavior.

This study aimed to assess the relationship between parents emotional support and preschoolers cool and hot EF. About 61 preschool children aged 48 72 months with their mother, and 43 preschool children aged 48 72 months with their father participated in this study. EF tests were delivered to the children, and after that were asked to play with their mother and father.

Result found that in general, only maternal ES correlated with preschoolers hot executive function.

However, the large influences of child gender and age, family socioeconomic level, and parents educational level toward EF made the relationship between EF and ES not significant. This study's results hopefully can broaden the view about parents emotional support and preschoolers executive function.