

## Hubungan gaya humor dan kualitas hubungan romantis pada emerging adult = The correlation between humor styles and romantic relationship quality among emerging adult

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### Abstrak

Penelitian ini dilakukan untuk melihat hubungan antara gaya humor dan kualitas hubungan romantis. Responden dalam penelitian ini merupakan emerging adult yang sedang menjalin hubungan romantis berjumlah 317 orang berusia 18 sampai 25 tahun. Gaya humor diukur dengan menggunakan Daily Humor Styles Questionnaire DHSQ yang dimodifikasi oleh Caird dan Martin 2014, sedangkan kualitas hubungan romantis diukur dengan menggunakan Partner Behavior as Social Context PBSC yang disusun oleh Ducat dan Zimmer-Gembeck 2010.

Hasil penelitian menunjukkan bahwa terdapat hubungan yang signifikan secara positif antara gaya humor affiliative  $r = 0,387$ ,  $p < 0.05$  dan gaya humor self-enhancing  $r = 0,244$ ,  $p < 0.05$  dengan kualitas hubungan romantis. Selain itu, terdapat hubungan yang signifikan secara negatif antara gaya humor self-defeating  $r = -0,118$ ,  $p < 0.05$  dan gaya humor aggressive  $r = -0,381$ ,  $p < 0.05$  dengan kualitas hubungan romantis.

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This study was conducted to examine the correlation between humor styles and romantic relationship quality among emerging adult. Respondents in this study were 317 emerging adults, aged 18 to 25 currently in a romantic relationship. Humor styles was measured by Daily Humor Scale Questionnaire DHSQ modified by Caird and Martin 2014, and romantic relationship quality was measured by Partner Behavior as Social Context PBSC made by Ducat and Zimmer Gembeck 2010.

The result indicated there was significant positive correlation between affiliative humor style  $r 0,387$ ,  $p 0.05$  and self enhancing humor style  $r 0,244$ ,  $p 0.05$ , and romantic relationship quality. Then, there was significant negative correlation between self defeating humor style  $r 0,118$ ,  $p 0.05$  and aggressive humor style  $r 0,381$ ,  $p 0.05$ , and romantic relationship quality.