

# Hubungan dukungan tenaga kesehatan dalam pemberian asi eksklusif terhadap breastfeeding self-efficacy ibu pada periode awal postpartum = The relationship between health care professional's support in exclusive breastfeeding with mother's breastfeeding self-efficacy in early postpartum period

Ishmah, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20457579&lokasi=lokal>

---

## Abstrak

Dukungan tenaga kesehatan dan Breastfeeding Self - Efficacy BSE merupakan dua faktor yang memengaruhi keberhasilan menyusui. Penelitian ini bertujuan untuk mengetahui hubungan dukungan tenaga kesehatan dalam pemberian ASI eksklusif terhadap BSE ibu pada periode awal postpartum. Desain penelitian yang digunakan adalah cross- sectional dengan teknik pengambilan sampel consecutive sampling. Sampel penelitian merupakan 108 ibu postpartum satu minggu pertama yang berada di wilayah kerja Puskesmas Pancoran Mas dan Puskesmas Sukmajaya, Depok.

Hasil penelitian menunjukkan tidak ada hubungan antara dukungan tenaga kesehatan dalam pemberian ASI eksklusif terhadap BSE ibu pada periode awal postpartum  $p > 0,05$  . Tingkat dukungan kesehatan dalam pemberian ASI eksklusif baik dan tingkat BSE ibu pada periode awal postpartum tinggi. Penelitian ini menyarankan agar tenaga kesehatan mempertahankan dukungan yang sudah baik dalam pemberian ASI eksklusif dengan melaksanakan program 10 Langkah Menuju Keberhasilan Menyusui LMKM dan tujuh kontak laktasi dengan tenaga kesehatan.

*Health care professional's support and mother's Breastfeeding Self ndash Efficacy BSE are factors that influence successful breastfeeding. This research aim to know the relationship between health care professional's support in exclusive breastfeeding with mother's BSE in early postpartum period. A cross ndash sectional design was conducted and a total of 108 postpartum mothers within first week at local government clinic in Pancoran Mas and Sukmajaya, Depok were recruited consecutively to this study. The result shows that there is no relationship between health care professional's support in exclusive breastfeeding with mother's BSE in early postpartum period  $p > 0,05$  . The research found that rate of health care professional's support was fine and the level of mother's BSE in early postpartum period was high. This research recommends that health care professionals should maintain the well support in exclusive breastfeeding practice by performing 10 Steps of Successful Breastfeeding and enhancing 7 lactation contacts with health professionals programs.*