

Hubungan antara impulsivitas, parental control, dan adiksi internet pada remaja = The correlation between impulsivity, parental control, and internet addiction among adolescent

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Abstrak

N ini dilakukan untuk mengetahui apakah terdapat hubungan antara impulsivitas, parental control, dan adiksi internet pada remaja. Pengukuran impulsivitas menggunakan Barratt Impulsiveness Scale Barratt, 1995, pengukuran adiksi internet menggunakan Internet Addiction Test Young, 1987, dan pengukuran parental control menggunakan alat ukur Parental Control Scale Schaefer Schludermann, 1987. Partisipan penelitian merupakan remaja yang berusia dari 12-21 tahun. Pengolahan data dilakukan dengan metode statistika kuantitatif deskriptif dan pearson correlation menggunakan perangkat lunak SPSS 20.

Hasil penelitian ini menunjukkan hanya 155 responden yang mengalami adiksi internet sesuai data deskriptif total skor IAT, dimana terdapat korelasi positif yang signifikan antara impulsivitas dan adiksi internet pada remaja $r_{155} = .217, p < .01, \text{one tails}$. Sedangkan tidak terdapat korelasi positif yang signifikan antara parental control dan adiksi internet pada remaja $r_{155} = -.032, p < .01, \text{one tails}$.

.....This research was conducted to find out the correlation between impulsivity, parental control and internet addiction among adolescent. Impulsivity was measured by Barratt Impulsiveness Scale Barratt, 1995, while internet addiction was measured by Internet Addiction Test Young, 1987, and parental control was measured by Parental Control Scale Schaefer Schludermann, 1987. The participants in this research are adolescents with the age range between 12 to 21 years old. Data processing was done by using descriptive statistics and pearson correlation with a software called SPSS 20.

The result from this research shows that only 155 respondents are addicted to internet based on the result of IAT descriptive statistics data. From this research the results show that impulsivity positively correlated significantly with internet addiction $r_{155} = .217, p < .01, \text{one tails}$. While parental control doesn't significantly have a positive correlation with internet addiction $r_{155} = .032, p < .01, \text{one tails}$.