

Analisis praktik residensi keperawatan medikal bedah pada karsinoma nasofaring dengan penerapan teori adaptasi roy di Rumah Sakit Kanker Dharmais Jakarta = Analysis of medical surgical residency practice in nasopharyngeal carcinoma patients used roy s adaptation model theory in Dharmais cancer hospital Jakarta

Idramsyah, author

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Abstrak

Karya ilmiah ini bertujuan memberikan gambaran analisis praktik residensi Keperawatan Medikal Bedah selama 2 semester tentang penerapan teori model keperawatan dalam studi kasus, dan analisis hasil penerapan tindakan mandiri keperawatan berbasis pembuktian ilmiah evidence based nursing practice , serta analisis hasil inovasi kelompok terhadap fenomena yang ditemui selama praktik residensi. Penerapan peran perawat profesional dalam proses asuhan keperawatan dengan menggunakan teori adaptasi Roy dilakukan pada kasus karsinoma nasofaring dan berbagai kasus keganasan lainnya terbukti bermanfaat membantu dan meningkatkan kemampuan adaptasi pasien terhadap stimulus internal dan eksternal yang dialami. Kegiatan aplikasi tindakan mandiri keperawatan berdasarkan pembuktian ilmiah penggunaan madu terbukti bermanfaat untuk mencegah dan mengatasi mukositis oral akibat kemoterapi dan atau radioterapi pada pasien karsinoma nasofaring. Pada proyek inovasi manajemen edukasi pada pasien kanker tiroid yang menjalani terapi I-131 di ruang isolasi radioaktif terlaksana dengan memfasilitasi pembuatan multi media edukasi, peningkatan pengetahuan dan keterampilan perawat dalam manajemen edukasi. Peran perawat profesional dapat dijalankan dalam setiap tahap kegiatan praktik residensi keperawatan medikal bedah peminatan onkologi secara holistik dan komprehensif meliputi upaya promotif, reventif, kuratif, dan rehabilitatif.

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This paper aims to provide an overview of medical surgical nursing residency residency proces for 2 semesters on the application of nursing model theory in case study, and analysis of the results of the implementation of evidence based nursing, and analysis of group innovation results on the phenomenon encountered during residency practice. The application of the role of professional nurses in the nursing care process using Roy 39 s adaptation theory was done in the primary case of nasopharyngeal carcinoma and other malignant cases proved helpful in improving the adaptability of the patient to the internal and external stimuli experienced. The activity of self directed nursing action application based on scientific evidence that use of honey proved useful to prevent and overcome oral mucositis due to chemotherapy and or radiotherapy in patients nasopharyngeal carcinoma. In an educational management innovation project in thyroid cancer patients undergoing I 131 therapy in radioactive isolation room was done by facilitating the making of multi media education, improvement of nurse knowledge and skill in education management. The role of professional nurse can be carried out in every stage of medical residency practice of medical surgery oncology surgery on holistically and comprehensively include promotive, reventif, curative and rehabilitative.