

The ADHD advantage : what you thought was a diagnosis may be your greatest strength

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Abstrak

"Why ADHD could be the key to your success For decades physicians delivered the diagnosis of ADHD to patients as bad news and warned them about a lifelong struggle of managing symptoms. But The ADHD Advantage explodes this outlook, showing that some of the most highly successful entrepreneurs, leaders, and entertainers have reached the pinnacle of success not in spite of their ADHD but because of it. Although the ADHD stereotype is someone who can't sit still, in reality people with ADHD are endlessly curious, often adventurous, willing to take smart risks, and unusually resilient. They are creative, visionary, and entrepreneurial. Sharing the stories of highly successful people with ADHD, Dr. Archer offers a vitally...