

## Benarkah saya tidak hamil?

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### Abstrak

*Pregnancy is usually an exciting time for expectant parents, but pregnancy does not always end with anticipated baby.*

Pseudocyesis is a condition in which the patient has signs and symptoms of pregnancy except for the confirmation of the presence of a fetus. In pseudocyesis there is abdominal distention, enlargement of the breast, skin pigmentation, cessation of menses, morning sickness, nausea and vomiting. The exact causes are still unknown, but suggested psychological factors play an important role.

*Myths during pregnancy remain a problem in certain areas in Indonesia, especially in rural and remote areas.*