

Hubungan antara keberfungsian keluarga dan adaptabilitas karier pada peserta didik kelas 9 = Relationship between family functioning and career adaptability on 9th grade students

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Abstrak

Penelitian ini dilakukan untuk melihat ada atau tidaknya hubungan yang signifikan antara keberfungsian keluarga dan adaptabilitas karier pada peserta didik kelas 9. Partisipan penelitian ini adalah 532 peserta didik kelas 9 di Jakarta dan Depok. Keberfungsian keluarga diukur menggunakan alat ukur FACES II Family Adaptability and Cohesion Evaluation Scale II dan FCS Family Communication Scale. Sedangkan, adaptabilitas karier diukur menggunakan CAAS Career Adapt-Abilities Scale International Form. Hasil penelitian ini menunjukkan bahwa terdapat hubungan positif yang signifikan antara keberfungsian keluarga dan adaptabilitas karier $r = 0,404$, $p < 0,01$. Artinya, semakin tinggi peserta didik kelas 9 mempersepsikan keberfungsian keluarganya, semakin tinggi pula adaptabilitas karier peserta didik tersebut. Penelitian ini juga memperlihatkan perbedaan keberfungsian keluarga dan adaptabilitas karier pada beberapa aspek demografis, yaitu jenis kelamin dan keikutsertaan dalam kegiatan non-akademis. Berdasarkan hasil penelitian ini, keberfungsian keluarga perlu dipertimbangkan dalam konseling karier agar peserta didik kelas 9 memiliki adaptabilitas karier yang baik.

.....This study aimed to examine the relationship between family functioning and career adaptability on 9th grade students. Participants were 532 9th grade students in Jakarta and Depok. Family functioning was measured by FACES II Family Adaptability and Cohesion Evaluation Scale II and FCS Family Communication Scale. Meanwhile, career adaptability was measured by CAAS Career Adapt Abilities Scale International Form.

The result showed a significant positive relationship between family functioning and career adaptability $r = 0,404$, $p < 0,01$. It means that the higher students perceive their family functioning, the higher their career adaptability. In addition, the result also showed the influence of gender and participation in non academic activities on family functioning and career adaptability. Based on these results, family functioning should be considered on career counseling so that students would have good career adaptability.