

## Parent-child interaction therapy (PCIT) untuk mengurangi perilaku agresif anak usia sekolah = Parent-child interaction therapy (PCIT) to decrease aggressive behavior in school aged child

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### Abstrak

Penelitian ini bertujuan untuk melihat efektivitas Parent-Child Interaction Therapy PCIT dalam mengurangi perilaku agresif anak usia sekolah. PCIT digunakan untuk meningkatkan keterampilan interaksi ibu dengan anak dan keterampilan dalam mendisiplinkan anak. Perilaku agresif diukur dengan menggunakan Eyberg Child Behavior Inventory ECBI . Keterampilan orangtua diukur menggunakan Dyadic Parent-Child Interaction Coding System III DPICS-III . Hasil penelitian menunjukkan bahwa PCIT efektif dalam mengurangi perilaku agresif pada anak usia 9 tahun.

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This research was conducted to evaluate the effectiveness of Parent Child Interaction Therapy PCIT to decrease a nine year old child aggressive behavior. The PCIT interaction was used to increase mother's interaction skills and her ability to discipline her child. The Eyberg Childhood Behavior Inventory ECBI was used to measure aggressive behavior and the Dyadic Parent Child Interaction Coding System III DPICS III is for mother child interaction. The result indicates that PCIT is effective to decrease a nine years old child aggressive behavior.