

Karakteristik keluhan pasien kanker ginekologi dalam perawatan paliatif = Symptoms profile of gynecologic cancer patients in palliative care

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Abstrak

ABSTRAK

Tujuan: Mengetahui keluhan-keluhan pasien kanker ginekologi dalam perawatan paliatif dan persentase masing-masing keluhan pasien kanker ginekologi dalam perawatan paliatif. Metode: Penelitian potong lintang dilakukan melalui pembagian kuesioner Edmonton Symptom Assessment System ESAS yang telah dimodifikasi kepada seluruh pasien kanker serviks, kanker ovarium, dan kanker endometrium dalam perawatan paliatif di poli atau ruang perawatan Onkologi dan Ginekologi RSCM dan RSUP Fatmawati selama periode Maret-Juli 2017. Seluruh subjek yang memenuhi kriteria inklusi dan setuju berpartisipasi direkrut dengan metode consecutive sampling. Subjek yang tidak dapat berkomunikasi dengan baik akan dieksklusi. Pengolahan data dilakukan dengan SPSS versi 23.0 untuk Windows. Hasil: Terdapat 103 pasien kanker ginekologi yang termasuk dalam perawatan paliatif terdiri dari 50 pasien dengan kanker serviks, 50 kanker ovarium, dan 3 kanker endometrium. Pada pasien kanker serviks, keluhan paling banyak adalah kelelahan 56, cemas 54, kehilangan energi 52 dengan skor ESAS 4-6 sedang. Sementara itu, keluhan dengan skor ESAS 7-10 berat adalah nyeri 48 dan insomnia 46. Pada pasien kanker ovarium, keluhan paling banyak adalah kelelahan 52, lemah 48, kehilangan energi 46, cemas 44, insomnia dan penurunan nafsu makan masing-masing 40, nyeri dan anoreksia masing-masing 32 dengan skor ESAS 4-6 sedang. Sementara itu, keluhan mulut kering didapatkan pada 40 pasien dengan skor ESAS 1-3 ringan. Pada pasien kanker endometrium, keluhan paling banyak adalah kelelahan 66,7 dengan skor ESAS 4-6 sedang. Kesimpulan: Keluhan paling banyak dirasakan pada kanker ginekologi dalam perawatan paliatif adalah kelelahan, cemas, kehilangan energi, lemah, anoreksia, insomnia, dan nyeri. Kata Kunci: keluhan, kanker ginekologi, paliatif

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ABSTRACT

Abstract Objective To know the symptoms profile of gynecological cancer patients in palliative care and the percentage of each gynecological cancer patient 39 s symptoms in palliative care. Method The cross sectional study was conducted through distributing questionnaires of the modified Edmonton Symptom Assessment System ESAS to all cervical, ovarian, endometrial cancer patients on palliative care at oncology gynecology outpatient clinic or inpatient in Dr. Cipto Mangunkusumo and Fatmawati hospital from March to July 2017. All subjects participating were recruited by consecutive sampling. Subjects were excluded whether not communicate well. The data were analyzed using SPSS version 23.0 for Windows. Result There were 103 gynecological cancer patients consisting of 50, 50, and 3 patients of cervical, ovarian, and endometrial cancer contributively. In cervical cancer, a lot of patients complained fatigue 56, anxiety 54, and lack of energy 52 with ESAS score of 4 to 6 medium. ESAS score of 7 10 severe was shown by pain 48 and insomnia 46. In ovarian cancer patients, most complaints were fatigue, weakness, lack of energy, anxiety, insomnia and loss of appetite, pain and anorexia as 52, 48, 46, 44, 40, 40, 32 respectively with

ESAS score 4.6 medium . While dry mouth was found in 40 patients with ESAS score 1.3 mild . In endometrial cancer, the complaint was about fatigue 66.7 with ESAS score of 4.6 medium .Conclusion A lot of gynecologic cancer patients in palliative care complained fatigue, anxiety, lack of energy, weakness, anorexia, insomnia, and pain.Keywords symptoms, gynecological cancer, palliative care