

# Hubungan body image, dukungan sosial, dan efek samping kemoterapi dengan kualitas hidup pasien kanker payudara = Correlation between body image social support side effects of chemotherapy and quality of life in breast cancer patients

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## Abstrak

### <b>ABSTRAK</b><br>

Nama: Muthia Octaviana Widiанти Program Studi: Magister Ilmu Keperawatan Judul: Hubungan Body Image, Dukungan Sosial, dan Efek Samping Kemoterapi dengan Kualitas Hidup Pasien Kanker

Payudara Pembimbing: Sri Yona, S.Kp., M.N., Ph.D. Masfuri, S.Kp., M.N. Prevalensi kejadian kanker payudara di dunia meningkat termasuk di Indonesia. Pasien kanker payudara mengalami perubahan secara fisik, psikologis, dan sosial yang berpengaruh terhadap kualitas hidup. Kualitas hidup dipengaruhi dimensi fisik efek samping kemoterapi, sosial dukungan sosial, emosional body image, dan sosial demografi.

Tujuan penelitian ini untuk mengetahui hubungan body image, dukungan sosial, dan efek samping kemoterapi dengan kualitas hidup pasien kanker payudara. Desain penelitian Cross-sectional dengan consecutive sampling terdiri dari 110 pasien yang menjalani kemoterapi yang dipilih dan sesuai kriteria inklusi. Uji statistik bivariat menggunakan Gamma Somers  $\gamma$  dan multivariat menggunakan regresi logistik. Hasil penelitian menunjukkan ada hubungan signifikan pada kualitas hidup yaitu body image  $p$  value=0,000, dukungan sosial  $p$  value=0,019, dan efek samping kemoterapi  $p$  value=0,000. Hasil penelitian juga menunjukkan faktor yang paling berpengaruh terhadap kualitas hidup pasien kanker payudara adalah body image. Body image, dukungan sosial, efek samping kemoterapi diharapkan sebagai dasar pengkajian pasien kanker payudara terhadap kualitas hidup. Kata kunci: body image, dukungan sosial, efek samping kemoterapi, kanker payudara, kualitas hidup.

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### <b>ABSTRACT</b><br>

Name Muthia Octaviana Widiанти Study Programme Magister Ilmu Keperawatan Title Correlation Between Body Image, Social Support, Side Effects of Chemotherapy, and Quality of Life In Breast Cancer

Patients Counsellor Sri Yona, S.Kp., M.N., Ph.D. Masfuri, S.Kp., M.N. The number of breast cancer cases in the world remains high, likewise in Indonesia. Breast cancer survivors experience numerous physical, psychological, and social changes. Quality of life is influenced by physical side effects of chemotherapy, social social support, emotional body image dimension, and social demography. This study aims to investigate the correlation between body image, social support, side effects of chemotherapy, and quality of life in breast cancer patients. Cross sectional with consecutive sampling was employed and involving 110 patients undergoing chemotherapy who were selected based on determined inclusion criteria. Analysis bivariate statistic uses Gamma Somers  $\gamma$  and multivariate analysis uses logistic regression. The result shows significant correlation to quality of life between body image  $p$  value 0,000, social support  $p$  value 0,019 and side effects of chemotherapy  $p$  value 0,003. This study also shows that body Image is predictor factor in quality of life in breast cancer patients. Body Image, social support, and side effects of chemotherapy needs to be concerned as an assesment for breast cancer patients to quality of life. Keywords

body image, social support, side effects of chemotherapy, breast cancer, quality of life.