

Analisis Praktik Residensi Keperawatan Medikal Bedah pada Pasien Kanker Lambung dengan pendekatan Model Adaptasi Roy di Rumah Sakit Kanker Dharmais dan Cipto Mangunkusumo Jakarta = Residence prediction analysis of surgical medical nursing on patient cancer apple with approach adaptation Roy model in Cancer Hospital Dharmais and Cipto Mangunkusumo

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Abstrak

ABSTRAK

Analisis Praktik Residensi Keperawatan Medikal Bedah pada Kanker Lambung dengan Pendekatan Model Adaptasi Roy di Rumah Sakit Kanker Dharmais dan Cipto Mangunkusumo Jakarta Karya ilmiah ini bertujuan memberikan gambaran analisis praktik residensi Keperawatan Medikal Bedah selama 2 semester tentang penerapan teori model keperawatan dalam studi kasus, dan analisis hasil penerapan tindakan mandiri keperawatan berbasis pembuktian ilmiah (evidence based nursing practice), serta analisis hasil inovasi kelompok terhadap fenomena yang ditemui selama praktik residensi. Penerapan peran perawat profesional dalam proses asuhan keperawatan dengan menggunakan teori adaptasi Roy dilakukan pada kasus karsinoma nasofaring dan berbagai kasus keganasan lainnya terbukti bermanfaat membantu dan meningkatkan kemampuan adaptasi pasien terhadap stimulus internal dan eksternal yang dialami. Kegiatan aplikasi tindakan mandiri keperawatan berdasarkan pembuktian ilmiah pelaksanaan guided imagery dan progressive muscle relaxation bukti bermanfaat untuk mengurangi nyeri dan meningkatkan kualitas hidup pasien. Pada proyek inovasi manajemen nyeri pada pasien kanker yang menjalani kemoterapi di ruang rawat inap dengan memfasilitasi pembuatan multi media video guided imagery dan progressive muscle relaxation perawat dalam manajemen nyeri. Peran perawat profesional dapat dijalankan dalam setiap tahap kegiatan praktik residensi keperawatan medikal bedah peminatan onkologi secara holistik dan komprehensif meliputi upaya promotif, reventif, kuratif, dan rehabilitatif. Kata kunci: Adaptasi Roy, kanker, guided imagery dan progressive muscle relaxation, Manajemen nyeri.

ABSTRACT

ractice Analysis of Medical Surgical Nursing Surgery on Stomach Cancer with Roy's Adaptation Model Approach at Dharmais Cancer Hospital and Cipto Mangunkusumo Jakarta This paper aims to provide an overview of residency medical Surgical Nursing residency analysis for 2 semesters on the application of nursing model theory in case study, and analysis of the results of the implementation of scientifically based nursing based action (evidence based nursing practice), and analysis of group innovation results on the phenomenon encountered during residency practice. The application of the role of professional nurses in the nursing care process using Roy's adaptation theory was done in cases of nasopharyngeal carcinoma and other malignant cases proved helpful in improving the patient's adaptability to internal and external stimuli. The activities of self-directed nursing action based on scientific proof of guided imagery and progressive muscle relaxation are useful to reduce pain and improve patient's quality of life. In the pain management innovation project in cancer patients undergoing chemotherapy in the inpatient room by facilitating the

creation of multi media video guided imagery and progressive muscle relaxation nurses in pain management. The role of professional nurse can be carried out in every stage of medical residency practice of medical surgical treatment of oncology specialization holistically and comprehensively covering promotive, reventif, curative and rehabilitative efforts. Keywords: Roy's adaptation, cancer, guided imagery and progressive muscle relaxation, pain management