

## Pengalaman psikologis pria berpoligami : studi tentang psychological and spiritual well-being / Adinda Nurhaniriva, Thobib Al-Asyhar

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Abstrak

<b>ABSTRACT</b><br>

Polygamous marriage is one of the growing phenomenons happening in society. Various studies related to this issue have been examining many aspects seen both legally and socially. This study examines men's psychological experience under going polygamy, particularly in terms of psychological well-being and spiritual well-being. This study involves five polygamous men as the subject. The data collection of this study is gained from in-depth interview and observation. The result of this study reveals that the men undergoing polygamy tend to have psychological well-being that is not intact. Whereas polygamous men, in case of spiritual well-being, in this study tend to be quite good, especially in the transcendence domain.