

Peran work-family balance terhadap kepuasan pernikahan pada istri yang menjalani dual-earner family = The role of work-family balance in marital satisfaction among wife from dual-earner family

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Abstrak

Kepuasan pernikahan menjadi salah satu hal penting dalam pernikahan, tak terkecuali pada istri yang menjalani dual-earner family. Penelitian ini merupakan penelitian korelasi prediktif yang bertujuan untuk melihat peran work-family balance terhadap kepuasan pernikahan pada istri yang menjalani dual-earner family. Work-family balance diukur dengan Work-Family Balance Scale. Sementara kepuasan pernikahan diukur dengan Couple Satisfaction Index CSI. Partisipan dalam penelitian ini berjumlah 181 istri yang menjalani dual-earner family di Jabodetabek. Multiple regression digunakan sebagai metode dalam melakukan pengujian hipotesis. Hasil penelitian menunjukkan bahwa work-family balance memiliki peran yang signifikan dalam memprediksi kepuasan pernikahan $\beta=0,299$, $R^2=8,9$.

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Marital satisfaction is one of the most important things in marriage, which also includes wife from dual earner family. This research is a predictive correlational study that aims to see the role of work family balance in marital satisfaction among wife from dual earner family. Work family balance is measured using Work Family Balance Scale WFBS, while marital satisfaction is measured using Couple Satisfaction Index CSI. The participants of this study were 181 wives from dual earner family living in Jabodetabek. Multiple regression is used to examine the hypothesis. The results of this study shows that work family balance has a significant role to predict marital satisfaction $0,299$, $R^2 8,9$.