

Hubungan antara family functioning dan self esteem pada mahasiswa dengan obesitas = The correlation between family functioning and self esteem among students with obesity

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Abstrak

Penelitian ini dilakukan untuk melihat hubungan antara family functioning dan self esteem pada mahasiswa dengan obesitas di Universitas Indonesia. Penelitian ini menggunakan variabel family functioning yang memiliki enam dimensi, yaitu problem solving, communication, roles, affective responsiveness, affective involvement, dan behavioral control, dan variabel self esteem. Responden penelitian adalah Mahasiswa Universitas Indonesia sebanyak 108 orang berusia 17-19 tahun dan masuk dalam kategori obesitas. Kategori obesitas diukur menggunakan Body Mass Index BMI dan 80,5 tergolong tipe obesitas kelas I. Hasil penelitian menunjukkan bahwa dimensi problem solving $r = 0,376$.

.....This research is conducted to examine the correlation between family functioning and self esteem among obese students in University of Indonesia UI . This research used family functioning variable and has 6 dimensions which are problem solving, communication, roles, affective responsiveness, affective involvement, and behavioral control, and also self esteem variable. Participants of this research are 108 students of UI in 17 19 year olds and included in category of obesity. Category of obesity measured by Body Mass Index and 80,5 percent included tipe of obesity class I. The results showed that problem solving $r = 0,376$.