

# Hubungan antara persepsi keterlibatan orangtua dan efikasi diri dalam keputusan karier pada mahasiswa tingkat akhir = The relationship between perceived parental involvement and final year undergraduates career decision self efficacy

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## Abstrak

Mahasiswa, khususnya yang sedang berada di tingkat akhir, sedang bersiap untuk memasuki dunia kerja dan meniti karier. Pemilihan karier yang mereka lakukan dipengaruhi berbagai hal, salah satunya efikasi diri dalam keputusan karier career decision self-efficacy; CDSE. Berbagai penelitian menunjukkan terdapat pengaruh aspek orangtua seperti kelekatan atau dukungan terhadap CDSE. Penelitian ini dilakukan untuk melihat hubungan antara persepsi keterlibatan orangtua dan CDSE. Penelitian korelasional ini dilakukan pada 487 mahasiswa yang berada di tahun atau tingkat terakhir perkuliahan. Pengukuran keterlibatan orangtua dibagi menjadi tiga dimensi yaitu ekspresif, instrumental, dan mentoring/advising menggunakan Father Involvement Scale-Reported FIS-R; Finley Schwartz, 2004 dan Mother Involvement Scale-Reported MIS-R; Finley, Mira, Schwartz, 2008. CDSE diukur dengan Career Decision Self-Efficacy?Short Form CDSE-SF oleh Betz, Klein, dan Taylor 1996. Hasil menunjukkan bahwa terdapat hubungan positif antara ketiga dimensi persepsi keterlibatan ayah dengan CDSE ekspresif:  $r=.206$ ,  $p=le;.01$ ; instrumental:  $r=.170$ ,  $p=le;.01$ ; mentoring/advising:  $r=.185$ ,  $p=le;.01$  dan hubungan positif antara ketiga dimensi persepsi keterlibatan ibu dengan CDSE ekspresif:  $r=.257$ ,  $p=le;.01$ ; instrumental:  $r=.273$ ,  $p=le;.01$ ; mentoring/advising:  $r=.266$ ,  $p=le;.01$ . Implikasi dari hasil penelitian ini serta saran untuk penelitian lanjutan didiskusikan.

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Final year undergraduates are preparing to enter the workforce and to build their careers. Choosing a career is influenced by numerous factors, one of which is career decision self efficacy CDSE. A number of studies have shown positive relationships between some parental aspects, such as attachment or support, and CDSE. The purpose of this study is to see the relationship between perceived parental involvement and CDSE. This correlational study was conducted on 487 final year undergraduates. The measurement of perceived parental involvement was separated into three dimensions, namely expressive, instrumental, and mentoring advising using Father Involvement Scale Reported FIS R Finley Schwartz, 2004 and Mother Involvement Scale Reported MIS R Finley, Mira, Schwartz, 2008. CDSE was measured using Career Decision Self Efficacy Short Form CDSE SF by Betz, Klein, and Taylor 1996. Results showed positive relationships between the three dimensions of perceived father involvement and CDSE expressive  $r .206$ ,  $p le .01$  instrumental  $r .170$ ,  $p le .01$  mentoring advising  $r .185$ ,  $p le .01$  and also positive relationships between the three dimensions of mother involvement and CDSE expressive  $r .257$ ,  $p le .01$  instrumental  $r .273$ ,  $p le .01$  mentoring advising  $r .266$ ,  $p le .01$ . The implications of the results and suggestions for future studies are discussed.