

## Hubungan work-family conflict dengan kepuasan pernikahan pada istri dalam dual-earner family = The correlation between work-family conflict and marital satisfaction of wives in dual-earner family

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### Abstrak

Meningkatnya jumlah wanita yang bekerja dapat mengarah kepada kondisi dual-earner family, di mana suami dan istri sama-sama bekerja. Istri dalam dual-earner family menghadapi konflik peran yang disebut dengan Work-Family Conflict. Penelitian ini bertujuan untuk melihat hubungan antara Work-Family Conflict dengan kepuasan pernikahan pada istri dalam dual-earner family. Variabel Work-Family Conflict dan kepuasan pernikahan diukur dengan menggunakan Work-Family Conflict Scale WFCS dan Couple-Satisfaction Index-16 CSI-16. Terdapat 181 partisipan wanita di dalam penelitian ini dengan kriteria; berusia 20 hingga 60 tahun, pendidikan minimal SMA, telah bekerja di tempat yang sama selama minimal 1 tahun dan merupakan pegawai yang bekerja secara penuh, memiliki suami yang juga bekerja, serta bekerja di wilayah Jabodetabek. Analisis korelasi Pearson menunjukkan bahwa Work-Family Conflict berhubungan negatif secara signifikan dengan kepuasan pernikahan  $r = -0.346$ .

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The increasing number of working women may lead to a dual earner family condition, where both husband and wife are working. Wives from dual earner families face a role conflict called Work Family Conflict. This research was conducted to examine the relationship between Work Family Conflict and wives' marital satisfaction in dual earner families. Work Family Conflict and marital satisfaction variable were measured using Work Family Conflict Scale and Couple Satisfaction Index 16, respectively. There were 181 female participants in this study with these following characteristics 20 60 years, at least a high school graduate, working in the same place at least for 1 year as a full time employee, having a working husband, and working in Jabodetabek area. Pearson correlation analysis showed that Work Family Conflict was significantly correlated with marital satisfaction  $r = 0.346$ .