

## Gambaran compassion satisfaction, compassion fatigue dan perilaku caring perawat di RSUP Fatmawati = Description of compassion satisfaction, compassion fatigue and caring behavior among nurses in Fatmawati General Hospital Jakarta

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### Abstrak

Kondisi stress akibat terpaparnya trauma yang dialami orang lain serta adanya kelelahan fisik dan emosi yang berlebihan compassion fatigue sering dialami oleh perawat. Akan tetapi, perawat yang mampu beradaptasi dengan kondisi tersebut tetap dapat merasakan kepuasan saat merawat pasien dengan sepenuh hati compassion satisfaction dengan berperilaku caring dalam memberikan asuhan keperawatan. Tujuan penelitian ini adalah menggambarkan hubungan compassion satisfaction dan compassion fatigue dengan perilaku caring perawat secara. Desain penelitian ini menggunakan cross sectional yang melibatkan 100 perawat RSUP Fatmawati yang dipilih dengan metode stratified random sampling. Compassion satisfaction dan fatigue diukur dengan Professional Quality of Life ProQOL 30 dan perilaku caring diukur dengan Caring Behavior Inventory CBI 42. Hasil uji Mann Whitney menunjukkan ada hubungan yang bermakna antara compassion dengan perilaku caring satisfaction p

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Stress conditions due to exposure to trauma experienced by others and the excessive physical and emotional exhaustion compassion fatigue is often experienced by nurses. However, nurses who are able to adapt to these conditions can still feel satisfaction while caring for patients with wholehearted compassion satisfaction with caring behavior in giving nursing care. The purpose of this study is to describe the relationship of compassion satisfaction and compassion fatigue with caring behavior of nurses. The design of this study using cross sectional involving 100 nurses RSUP Fatmawati selected by stratified random sampling method. Comparison of satisfaction and fatigue was measured with Professional Quality of Life ProQOL 30 and caring behavior was measured by Caring Behavior Inventory CBI 42. Mann Whitney test results showed a significant association between compassion and caring satisfaction.