

# Hubungan antara childbirth self-efficacy dengan childbirth expectancy pada ibu hamil usia remaja = Childbirth expectancy in adolescent mothers and its relationship toward childbirth self-efficacy in Indonesia / Veronica Yeni Rahmawati

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## Abstrak

### **ABSTRAK**

Ibu hamil usia remaja memiliki harapan yang rendah dalam menghadapi persalinan. Tujuan penelitian ini adalah untuk mengidentifikasi hubungan antara childbirth self-efficacy dengan childbirth expectancy pada ibu hamil usia remaja. Penelitian cross sectional ini menggunakan teknik consecutive sampling dengan 135 responden ibu hamil usia remaja. Hasil penelitian ini menunjukkan bahwa terdapat hubungan yang signifikan antara childbirth self-efficacy dengan childbirth expectancy ( $p=0,002$ ). Ibu dengan childbirth self-efficacy siap berpeluang 3,7 kali mempunyai childbirth expectancy tinggi dibandingkan ibu dengan childbirth self-efficacy kurang siap ( $OR=3,7$ ; 95% CI 1,162-8,544). Penelitian ini merekomendasikan bahwa aspek kesehatan mental ibu hamil remaja dalam mempersiapkan persalinan perlu lebih diperhatikan sehingga kesejahteraan ibu hamil remaja dapat tercapai.

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### **ABSTRACT**

Adolescent mother have childbirth expectancy less in face of labour and delivery. The purpose of this study was to identify the relationship between childbirth self efficacy with childbirth expectancy in adolescent mother. This cross sectional research used a consecutive sampling technique with 135 adolescent mother as respondent. The result showed that there is relationship between childbirth self-efficacy and childbirth expectancy ( $p=0,002$ ). Adolescent mothers with high childbirth self-efficacy had childbirth expectancy 3,7 times higher than adolescent mothers with low childbirth self-efficacy ( $OR=3,7$ ; 95% CI 1,162-8,544). This finding confirms that the mental health status aspects in adolescent mothers facing labour and delivery need to be considered in order to achieve the wellness status for adolescent mothers.