

# Pengaruh stress communication, positive dyadic coping, dan negative dyadic coping terhadap kepuasan pernikahan pada pasangan commuter marriage = The effect of stress communication, positive dyadic coping, and negative dyadic coping towards marital satisfaction on commuter marriage

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## Abstrak

Penelitian ini bertujuan untuk melihat pengaruh dyadic coping stress communication, positive dyadic coping, dan negative dyadic coping terhadap kepuasan pernikahan pada pasangan commuter marriage yang dual careers family. Sebanyak 33 pasangan suami istri 66 orang mengisi dua alat ukur yang digunakan pada penelitian ini, yaitu Dyadic Coping Inventory DCI untuk mengukur dyadic coping yang digunakan pasangan dan Couple Satisfaction Index CSI yang mengukur kepuasan pernikahan. Pada penelitian ini, ditemukan terdapat pengaruh positive dyadic coping yang terdiri dari supportive, delegated, dan common dyadic coping  $GFI = 0.999 > 0.9$ ;  $RMSEA = 0.03 < 0.05$ ; dan  $p\text{-value } 0.245 > 0.05$  terhadap kepuasan pernikahan.

Hasil penelitian ini menunjukkan bahwa positive dyadic coping suami tidak berpengaruh terhadap kepuasan pernikahan dirinya sendiri, namun persepsi suami terhadap coping istri justru berkontribusi. Di sisi lain, seluruh aspek positive dyadic coping milik istri ditemukan memiliki pengaruh yang signifikan terhadap kepuasan pernikahannya sendiri actor effect dan juga kepuasan pernikahan suami partner effect. Hasil penelitian lainnya, tidak ditemukan adanya pengaruh stress communication dan negative dyadic coping yang signifikan terhadap kepuasan pernikahan.

.....This study aims to see the effect of dyadic coping stress communication, positive dyadic coping, and negative dyadic coping on marital satisfaction in couples commuter marriage that dual careers family. A total of 33 married couples 66 people filled the two measuring instruments used in this study, namely Dyadic Coping Inventory DCI to measure the dyadic coping used by couples and Couple Satisfaction Index CSI that measure marital satisfaction. In this study, there was found positive dyadic coping effect consisting of supportive, delegated, and common dyadic coping  $GFI 0.999 > 0.9$ ,  $RMSEA 0.03 < 0.05$  to marital satisfaction.

The results of this study indicated that husband's positive dyadic coping does not affect his own marital satisfaction, but the husband's perception of wife's coping actually contribute. On the other hand, all aspects of wife's positive dyadic coping are found to have a significant influence on her own marital satisfaction actor effect and also the marital satisfaction of husbands partner effect. Other research results, there was no significant effect of stress communication and negative dyadic coping on marital satisfaction.