

# Analisis mutu pelaksanaan pencegahan dan pengendalian infeksi di Rawat Inap Rumah Sakit Pusat Otak Nasional tahun 2018 = Implementation of infection prevention and control at inpatient Ward of National Brain Center in 2018

Hastrina Mailani, author

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## Abstrak

Prosedur tindakan pencegahan dan pengendalian infeksi mutlak harus diterapkan dirumah sakit termasuk di rawat inap. Kegiatan ini bertujuan untuk meminimalkan dan mencegah terjadinya infeksi pada pasien, petugas, pengunjung dan masyarakat sekitar fasilitas pelayanan kesehatan. Selain menurunkan tingkat kesakitan dan kematian karena infeksi nosokomial, pelaksanaan program pencegahan dan pengendalian infeksi yang baik akan menurunkan biaya kesehatan karena dapat menurunkan lama rawat yang berdampak pada penurunan biaya yang dikeluarkan.

Tujuan penelitian ini adalah untuk mengetahui gambaran pelaksanaan pencegahan dan pengendalian infeksi di rawat inap Rumah Sakit Pusat Otak Nasional. Jenis penelitian ini bersifat deskriptif dengan menggunakan metode penelitian kualitatif. Wawancara mendalam, diskusi grup terarah, dan observasi langsung dilaksanakan terhadap 13 informan.

Hasil penelitian menunjukkan bahwa pelaksanaan pencegahan dan pengendalian infeksi di rawat inap Rumah Sakit Pusat Otak Nasional ditinjau dari struktur, proses dan output belum terlaksana sesuai dengan pedoman pencegahan dan pengendalian infeksi yang telah ditetapkan. Pelaksanaan pencegahan dan pelaksanaan infeksi di rawat inap belum optimal karena pelaksanaan kebersihan tangan, penggunaan alat pelindung diri, pemisahan limbah medis dan penyuntikan yang aman pada sebagian petugas belum dilakukan sesuai standar serta monitoring dan evaluasi yang tidak dilakukan secara rutin. Jumlah petugas yang masih kurang, tumpang tindih tugas dan kurangnya pelatihan berpengaruh pada pelaksanaan tugas pencegahan dan pengendalian.

Saran yang dapat dilakukan adalah analisis beban kerja, meningkatkan pelatihan pada petugas dan monitoring serta evaluasi pelaksanaan pencegahan dan pengendalian infeksi dilakukan secara rutin.

*Infection prevention and control procedures must be implemented in hospitals including the inpatient care. It is intended to minimize and prevent infection in patients, healthcare workers, visitors, and the community surrounding the healthcare facility. Other than reducing mortality and morbidity rate associated with nosocomial infections, the right implementation of Infection prevention and control program will also reduce health costs due to reduced care duration which affects the decrease of the health cost expenditure.*

The purpose of this research is to understand the descriptive of infection prevention and control implementation at the inpatient care of the National Brain Center Hospital. This study uses a qualitative descriptive research method. In depth interview, focus group discussion and observation are conducted with 13 informants.

Results of the study show that based on the structure, process and output, the infection prevention and control implementation at the inpatient care of the National Brain Center Hospital has been done according to the guidelines of the infection prevention and control that has been established. The infection prevention

and control implementation at the inpatient care is not yet optimized because of the practices such as hand hygiene practice, use of personal protective equipment, separation of medical waste and safe injection that have not been done according to standard and have not been monitored and evaluated routinely. The insufficient number of healthcare workers, overlapping tasks and lack of training have an effect on the implementation of Infection prevention and control tasks.

Suggestions to be done are restructuring of the Infection prevention and control organization, analysis of workload, the increase of training for healthcare workers and routine monitoring and evaluation of Infection prevention and control implementation.</i>