

Laporan kegiatan praktik residensi keperawatan medikal bedah pada pasien dengan gangguan sistim perkemihan menggunakan pendekatan teori model adaptasi roy di RSPAD Gatot Soebroto RSUP Fatmawati = Surgical-medical nursing residency practice report on patients with urinary system disorders using roy adaptation model approach at RSPAD Gatot Soebroto RSUP Fatmawati

Sulistianingsih, author

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Abstrak

ABSTRAK
Praktik residensi keperawatan medikal bedah kekhususan sistim perkemihan merupakan proses yang harus ditempuh untuk menjadi ners spesialis. Praktikan berperan sebagai care provider dalam memberikan asuhan keperawatan profesional dengan pendekatan model adaptasi Roy pada kasus utama gagal ginjal kronik stage V on hemodialisis dengan komplikasi subarachnoid hemoragic dan tiga puluh kasus perkemihan. Praktikan berperan sebagai peneliti dalam menerapkan tindakan keperawatan berbasis bukti ilmiah dengan topik holi Qur rsquo;an untuk menurunkan skore depresi dengan tahap awal skrining depresi. Peran sebagai inovator adalah dengan menerapkan model edukasi self instructional module SIM untuk meningkatkan pengetahuan dan kepatuhan pasien hemodialisis. Hasil praktik residensi adalah teori model adaptasi Roy efektif digunakan dalam memberikan asuhan keperawatan pada sistim perkemihan, holi Qur rsquo;an efektif menurunkan skore depresi dengan skrining awal menggunakan Beck Depression inventory II dan edukasi model SIM efektif meningkatkan pengetahuan dan kepatuhan pasien hemodialisis.

ABSTRACT
Surgical-medical nursing residency practice on the specificity of urinary system is a process which must be taken to become a nursing specialist. During the residency practice, the student played several roles. As a care provider, the student delivered professional nursing actions with Roy adaptation model theory on the main case of chronic renal failure stage V on haemodialysis with subarachnoid haemorrhagic complication and thirty urinary cases. As a researcher, the student applied scientific evidence-based nursing actions with holy Qur rsquo;an to decrease depression score. Depression screening was conducted as the initial stage. And as an innovator, the student applied self-instructional module SIM to improve haemodialysis patients rsquo; knowledge and obedience. The results of the residency practice were Roy Adaption model was effective to deliver nursing care on urinary system, holy Qur rsquo;an was successful to decrease depression score with Beck Depression inventory II used in the initial screening , and SIM was also effective to improve haemodialysis patients rsquo; knowledge and obedience.