

# Aplikasi Teori Comfort Kolcaba melalui Intervensi Posisi Duduk Dalam Pelukan Orang Tua saat Inseri Kateter Intravena pada Anak dengan Gangguan Kebutuhan Cairan = Application of Kolcaba's Comfort Theory through a Sitting Position in a Parent's Hold During Catheter Intravenous Insertion of Children with Fluid Imbalance

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## Abstrak

Fungsi sistem tubuh salah satunya tergantung pada keseimbangan cairan dan elektrolit. Ketidakseimbangan cairan elektrolit seperti dehidrasi, hidrasi berlebihan, kekurangan garam dan air berhubungan erat dengan morbiditas dan mortalitas anak. Karya ilmiah akhir ini bertujuan untuk mendeskripsikan aplikasi teori Comfort Kolcaba pada anak dengan gangguan kebutuhan cairan. Teori ini diaplikasikan pada 5 pasien dan bertujuan untuk tercapainya peningkatan kenyamanan pasien. Kebutuhan kenyamanan dikaji berdasarkan konteks fisik, psikospiritual, lingkungan, dan sosiokultural. Intervensi kenyamanan diberikan sesuai dengan kebutuhan kenyamanan pasien yang meliputi standart of comfort, coaching, dan comfort food for the soul. Penerapan Evidence Based Nursing posisi duduk dalam pelukan orang tua merupakan intervensi yang mampu meningkatkan kenyamanan fisik dan emosional anak dengan gangguan kebutuhan cairan.

.....The function of body system depends on fluid and electrolyte balance. Electrolyte and fluid imbalances such as dehydration, over hydration, poor of salt and water are related to childhood morbidity and mortality. This study aims to describe the application of Kolcaba's Comfort Theory of children with fluid imbalance. This theory is applied to 5 patients and aims to achieve enhance of comfort. Comfort needs are assessed based on physical, psychospiritual, environmental, and sociocultural contexts. Comfort interventions are gived according to comfort needs. Types of comfort intervention are standart of comfort, coaching, and comfort food for the soul. An intervention of the sitting position in a parent's hold is a application of evidence based nursing that is able to improve the physical and emotional comfort of children with fluid imbalance.