

Pembuatan prototipe Web Series It's Time to Listen: Anxiety and Me = Production of 3 prototype episodes of Web Series It's Time to Listen: Anxiety and Me

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Abstrak

Isu kesehatan mental di Indonesia masih dikelilingi oleh banyak stigma negatif. Padahal angka prevalensi gangguan mental ringan cukup banyak, terutama pada kelompok usia 18-25 tahun. Oleh karena itu, penulis ingin membuat tayangan terkait kesehatan mental, yang sesuai dengan preferensi khalayak sasaran.

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Mental health issues in Indonesia, up until now, are still being surrounded by some disabling stigma. While the prevalence number of the moderate mental disorder in the age group of 18-25 years old, is quite high. Therefore, the writer wants to create an audiovisual product related to mental health to help tackle this issue, which will also be adjusted to the targeted audience's preferences.