

Occupational self-efficacy sebagai mediator hubungan antara dukungan sosial dan career indecision = Occupational self-efficacy as a mediator of the relationship between social support and career indecision

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Abstrak

ABSTRAK

Tujuan dari penelitian ini adalah untuk mengetahui apakah occupational self-efficacy memediasi hubungan antara dukungan sosial dan career indecision. Penelitian ini merupakan penelitian kuantitatif dan menggunakan metode korelasional dengan menggunakan sampel individu pada usia 25-44 tahun dan sedang bekerja selama minimal enam bulan (N= 167). Ketiga variabel diukur menggunakan Career Decision Scale (CDS), Multidimensional Scale of Perceived Social Support (MSPSS), dan Occupational Self-Efficacy (OCCSEFF). Hasil analisis mediasi menunjukkan bahwa terdapat direct effect ($= .09, .05$) yang tidak signifikan dan indirect effect ($r = -.52, p.05$) yang signifikan, dan mengindikasikan bahwa occupational self-efficacy memediasi secara penuh hubungan antara dukungan sosial dan career indecision. Dengan kata lain, dukungan sosial harus melewati occupational self-efficacy terlebih dahulu untuk memengaruhi career indecision.

ABSTRACT

The purpose of this study is to determine whether occupational self-efficacy mediates the relationship between social support and career indecision. This research is a quantitative study and uses a correlational method using a sample of individuals at the age range of 25-44 years and were working for at least six months (N = 167). The three variables are measured by The Career Decision Scale (CDS), Multidimensional Scale of Perceived Social Support (MSPSS), and Occupational Self-Efficacy (OCCSEFF). The result of mediation analysis has shown the direct effect ($r = .09, p > .05$) that is not significant and a significant indirect effect ($r = -.52, p < .05$), which indicated that occupational self-efficacy fully mediates the relationship between social support and career indecision. In other words, social support must pass through occupational self-efficacy first to influence career indecision.