

# Analisis praktik residensi keperawatan medikal bedah pada Pasien Open Fracture Shaft Tibia Fibula Grade IIIB Post Debridement and OREF menggunakan pendekatan teori Virginia Henderson di RSPAD Gatot Soebroto dan RSUP Fatmawati = Analysis of medical surgical nursing residency practice in Patient with Open Fracture Shaft Tibia Fibular Grade IIIB Post Debridement and OREF using the Virginia Henderson Theory Approach at Gatot Soebroto Army Hospital and Fatmawati General Hospital.

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## Abstrak

Praktik residensi keperawatan medikal bedah adalah rangkaian dari program pendidikan magister keperawatan yang dilaksanakan dalam tatanan pelayanan keperawatan. Keperawatan medikal bedah berfokus pada konsep dan prinsip dasar medikal dan bedah dalam penerapan ilmu dan teknologi keperawatan untuk memenuhi kebutuhan pasien dewasa yang mengalami perubahan fisik dengan atau tanpa gangguan struktural. Praktik residensi keperawatan dilaksanakan di RSPAD Gatot Soebroto dan RSUP Fatmawati. Kegiatan Residensi terdiri dari pemberian asuhan keperawatan pada pasien dengan gangguan muskuloskeletal menggunakan pendekatan teori Virginia Henderson. Asuhan keperawatan telah diberikan pada pasien dengan fraktur, osteoarthritis, SCI, osteosarcoma, spondylitis TB dan beberapa kasus lainnya. Pendekatan teori Henderson membantu pasien untuk memenuhi kebutuhannya selama mengalami gangguan muskuloskeletal. Penerapan *evidence based nursing* (EBN) melalui intervensi edukasi pada pasien yang akan menjalani operasi tulang belakang membantu pasien dalam menurunkan kecemasan dan nyeri. Intervensi edukasi membantu pemahaman pasien dalam menghadapi operasi sehingga mengurangi kecemasan dan dapat mengelola nyeri dengan lebih baik. Proyek inovasi melalui aplikasi peran perawat dalam program Enhace Recovery for Orthopedic Surgery (EROS) pada pasien operasi Total Hip Replacement (THR). Aplikasi peran perawat membantu pasien dalam persiapan operasi sampai dengan rehabilitasi paska operasi.

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The residency program in medical medical nursing is a series of nursing master education programs carried out in the order of nursing services. Medical surgical nursing focuses on concepts and basic medical and surgical principles in the application of nursing science and technology to meet the needs of adult patients who experience physical changes with or without structural disorders. The practice of nursing residencies was carried out at Gatot Soebroto Army Hospital and Fatmawati General Hospital. Residency activities consist of giving nursing care to patients with musculoskeletal disorders using the Virginia Henderson theory approach. Nursing care has been given to patients with fractures, osteoarthritis, SCI, osteosarcoma, TB spondylitis and several other cases. Henderson's theoretical approach helps patients to meet their needs while experiencing musculoskeletal disorders. The application of evidence based nursing (EBN) through educational interventions in patients who will undergo spinal surgery helps patients reduce anxiety and pain. Educational interventions help understanding patients in the face of surgery so as to reduce anxiety and manage pain better. The innovation project through the application of the role of nurses in the Enhace

Recovery for Orthopedic Surgery (EROS) program in patients operating Total Hip Replacement (THR). The application of the role of nurses helps patients in preparation for surgery until postoperative rehabilitation.