

## Lean in: women, work, and the will to lead

Sandberg, Sheryl, author

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### Abstrak

Sheryl Sandberg--Facebook COO, ranked eighth on Fortune's list of the 50 Most Powerful Women in Business--has become one of America's most galvanizing leaders, and an icon for millions of women juggling work and family. "Lean In"--Sheryl Sandberg's provocative, inspiring book about women and power--grew out of an electrifying TED talk Sandberg gave in 2010, in which she expressed her concern that progress for women in achieving major leadership positions had stalled. The talk became a phenomenon and has since been viewed nearly two million times. In "Lean In," she fuses humorous personal anecdotes, singular lessons on confidence and leadership, and practical advice for women based on research, data, her own experiences, and the experiences of other women of all ages.

In "Lean In", Sheryl Sandberg -- Facebook COO and one of "Fortune" magazine's most powerful women in business -- looks at what women can do to help themselves, and make the small changes in their life that can effect change on a more universal scale. She draws on her own experiences working in some of the world's most successful businesses, as well as academic research, to find practical answers to the problems facing women in the workplace.