

Peran common dyadic coping terhadap hubungan antara kepuasan pernikahan dan parenting stress pada orang tua dari anak dengan spektrum autisme = The role of common dyadic coping in the relationship between marital satisfaction and parenting stress for parents of individuals with autism spectrum disorder / Khariza Nararya

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Abstrak

Tujuan penelitian ini adalah melihat efek moderasi dari kedua faktor common dyadic coping terhadap hubungan antara kepuasan pernikahan dengan parenting stress pada orang tua dari anak dengan spektrum autisme di Indonesia. Penelitian dilakukan kepada 131 partisipan di Jabodetabek, Bali, dan Lampung. Penelitian menggunakan alat ukur Couples Satisfaction Index–Short Form, Parenting Stress Index, dan Dyadic Coping Inventory. Analisis data dilakukan dengan korelasi Pearson, analisis regresi linear, dan Hayes Macro Process. Hasil penelitian menunjukkan bahwa terdapat korelasi negatif yang signifikan antara kepuasan pernikahan dan parenting stress serta tidak ditemukan efek moderasi dari kedua faktor common dyadic coping terhadap hubungan kepuasan pernikahan dan parenting stress.

.....The aim of this study is to evaluate the moderating effect of the two factors of common dyadic coping in the relationship between marital satisfaction and parenting stress for parents of individuals with autism spectrum disorder in Indonesia. The study was conducted to 131 participants in Jabodetabek, Bali, and Lampung area. This study uses Couples Satisfaction Index–Short Form, Parenting Stress Index, and Dyadic Coping Inventory to measure the variables. Data is analyzed using Pearson correlation, linear regression analysis, and Hayes Macro Process. Findings of the study showed that there is a significant negative correlation between marital satisfaction and parenting stress, and there is no moderating effect from the two factors of common dyadic coping to that relationship.