

Praktek Kerja Profesi Apoteker di Puskesmas Kecamatan Cilandak Periode Bulan Oktober tahun 2018 = Internship at Community Health Centre of Cilandak District Period October 2018 / Karina Indra Dewi

Karina Indra Dewi, author

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Abstrak

ABSTRAK

Praktek Kerja Profesi Apoteker dilaksanakan di Puskesmas Kecamatan Cilandak yang terletak di Jalan Komplek BNI 46 No. 57 kelurahan Cilandak Barat, Jakarta Selatan dari tanggal 15 hingga 28 Oktober 2018. Tujuan dari kegiatan PKPA, yaitu agar mahasiswa memahami tugas dan tanggung jawab apoteker di puskesmas, dapat melakukan praktek pelayanan kefarmasian sesuai dengan ketentuan yang berlaku, meningkatkan pengetahuan, keterampilan, komunikasi yg efektif dengan tenaga kesehatan lainnya, serta pengalaman praktis untuk melakukan praktek kefarmasian di Puskesmas. Kegiatan yang dilakukan selama PKPA yaitu: pengelolaan sediaan farmasi, alat kesehatan dan BMHP mencakup kegiatan perencanaan, permintaan, penerimaan, penyimpanan, pendistribusian, pengendalian, pencatatan dan pelaporan serta pemantauan dan evaluasi. Selain itu, kegiatan pelayanan farmasi klinis meliputi pengkajian resep, penyerahan, pemberian informasi obat. pemberian informasi obat. Konseling, ronde/visite pasien (khusus Puskesmas rawat inap), pemantauan dan pelaporan efek samping obat, dan evaluasi penggunaan obat. Pemantauan terapi obat belum dapat dilaksanakan karena tidak tersedianya layanan rawat inap untuk pasien, kecuali ruang rawat bersalin yang hanya digunakan untuk persalinan, serta kurangnya SDM di Puskesmas Kecamatan Cilandak. Tugas khusus yang diberikan berjudul evaluasi penerapan leaflet dan edukasi tentang perilaku dan self management pada Pasien DM Tipe 2 di Puskesmas Kecamatan Cilandak. Tujuan dari tugas khusus untuk menganalisis pengetahuan terkait perilaku dan self management dan pada pasien diabetes mellitus tipe 2 sebelum dan sesudah diberikan leaflet serta edukasi di Puskesmas Kecamatan Cilandak.

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ABSTRACT

Pharmacist internship working program at the Community Health Centre of Cilandak District on BNI Complex 46 street Number 57, west Cilandak district, south Jakarta from October 15 to October 28 2018. The purpose of internship working program aims to understand the duties and responsibilities of pharmacist in community health centre to practice pharmacy services in accordance with applicable regulations, and improve knowledge, skills, communication effective with other health workers and practical experience to practice pharmacy at the community health centre. Activities carried out during pharmacist internship are Management of pharmaceutical preparations, medical devices and consumable medical materials covering the selection, planning of needs, procurement, receipt, storage, distribution, control, extermination, and administration; and in clinical pharmacy service activities which include assessment and prescription services, drug information services, counseling, visite, and monitoring of drug side effects. Therapeutic drug monitoring has not been implemented due to unavailability of inpatient services for patients, except maternity care rooms which are only used for labor, as well as lack of human resources in the community health centre of cilandak district. Special assignment was given to evaluate the application of leaflets and

education about behavior and self management in Type 2 DM patients in the community health centre of cilandak district. The purpose of this special assignment is that students are able to to analyze knowledge related to behavior and self management and in patients with type 2 diabetes mellitus before and after given leaflets and education in the community health centre of cilandak district.