

Hubungan antara parental reflective functioning dan regulasi emosi anak usia prasekolah = Relationship between parental reflective functioning and preschoolers' emotion regulation

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Abstrak

Penelitian ini dilakukan untuk mengetahui ada-tidaknya hubungan antara Parental Reflective Berfungsi (PRF) dan peraturan anak usia prasekolah. Sebanyak 96 ibu yang memiliki anak usia 3-5 tahun mengambil datanya dengan menggunakan kuesioner. PRFevaluasi menggunakan Parental Reflective Functioning Questionnaire (PRFQ) (Luyten, Mayes, Nijssens, & Fonagy, 2017) yang terdiri dari 3 dimensi, yaitu: Pre-mentalized Mode (PM), Kepastian tentang Mental States (CMS), dan Interest and Curiosity in mental state (IC). Regulasi Logika menggunakan menggunakan Daftar Periksa Regulasi Emosi (ERC) (Shields & Cicchetti, 1997). Hasil yang Diperoleh dari hubungan signifikan negatif antara dimensi PM dan peraturan anak usia prasekolah.

.....This research was conducted to determine whether there is a relationship between Parental Reflective Functioning (PRF) and the rules of preschool children. A total of 96 mothers who had 3-5 year old children took their data using a questionnaire. PRFevaluation uses the Parental Reflective Functioning Questionnaire (PRFQ) (Luyten, Mayes, Nijssens, & Fonagy, 2017) which consists of 3 dimensions, namely: Pre-mentalized Mode (PM), Certainty about Mental States (CMS), and Interest and Curiosity in mental state (IC). Logic Regulation uses using the Emotion Regulatory Checklist (ERC) (Shields & Cicchetti, 1997). The results obtained from the significant negative relationship between the dimensions of PM and the regulation of preschool age children.