

## Peran career exploration dalam memediasi hubungan antara support dan interference parental career-related behavior dengan lack of information career decision-making difficulties pada mahasiswa tingkat akhir = The role of career exploration in mediating the relationship between support and interference parental career-related behavior with lack of information career decision-making difficulties among senior year college students

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### Abstrak

pada kesuksesan kariernya di masa depan. Pada mahasiswa tingkat akhir di Indonesia, sulitnya mengambil keputusan karier lebih disebabkan karena kurangnya informasi. Peran dan keterlibatan orang tua pada mahasiswa tingkat akhir, khususnya di budaya kolektivis, berpengaruh terhadap perilaku anak dalam mencari informasi mengenai karier dan hal ini berdampak pada tingkat kesulitan pengambilan keputusan karier anak karena kurangnya informasi. Tujuan penelitian ini adalah untuk melihat peran career exploration dalam memediasi hubungan antara support dan interference parental career-related behavior dengan lack of information career decision-making difficulties pada mahasiswa tingkat akhir. Penelitian ini adalah penelitian kuantitatif dengan desain penelitian non-eksperimental. Partisipan dalam penelitian ini adalah 413 mahasiswa tingkat akhir dari beberapa fakultas di Universitas Indonesia. Support dan interference parental career-related behavior diukur dengan Parental Career-Related Behavior Instrument (Dietrich & Kracke, 2009), career exploration diukur dengan Career Exploration Survey (Stumpf, Colarelli, & Hartman, 1983), dan lack of information career decision-making difficulties diukur dengan Career Decision-Making Difficulties Questionnaire (Gati & Saka, 2001). Hasil menunjukkan bahwa career exploration berperan secara parsial dalam memediasi hubungan antara support dan interference parental career-related behavior dengan lack of information career decision-making difficulties pada mahasiswa tingkat akhir. Penelitian ini memiliki implikasi bahwa perilaku orang tua terkait karier anak yang dirasa mendukung (support) atau terlalu banyak mengatur (interference) dapat berpengaruh terhadap perilaku mahasiswa tingkat akhir dalam mencari informasi mengenai karier sehingga berdampak pada tingkat kesulitan pengambilan keputusan karier mahasiswa karena kurangnya informasi. Selain itu, hasil penelitian ini memberikan beberapa manfaat bagi pusat pengembangan karier di perguruan tinggi.

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The difficulties of career decision-making among senior year college student could have impact their future career success. In Indonesia, The difficulties of career decision-making among senior year college student are more caused by lack of information. The parents role and involvement among senior year college student, especially in collectivism culture, could affect their childrens behavior in searching information about career and this could have impacts to their career decision-making difficulties that caused by lack of information. This research was conducted to find the role career exploration in mediating the relationship between support and interference parental career-related behavior with lack of information career decision-making difficulties on senior year college student. This research is quantitative study with non-experimental study design. Participants of this research were 413 senior year college students from several faculties in

Universitas Indonesia. Support dan interference parental career-related behavior were measured by Parental Career-Related Behavior Instrument (Dietrich & Kracke, 2009), career exploration was measured by Career Exploration Survey (Stumpf, Colarelli, & Hartman, 1983), and lack of information career decision-making difficulties were measured by Career Decision-Making Difficulties Questionnaire (Gati & Saka, 2001). The result shows that career exploration mediating partially the relationship between support and interference parental career-related behavior with lack of information career decision-making difficulties on senior year college student. This research has implication that parents behavior that related to childrens career which is perceived supporting or interfering affects senior year college students behavior in searching information about career so that gives impact on their level of career decision-making difficulties that caused by lack of information. Moreover, the results of this study give some benefits for career development center in university.