

Perubahan tanda gejala dan kemampuan klien harga diri rendah kronik dan risiko perilaku kekerasan setelah pemberian terapi kognitif perilaku dan latihan asertif = The Changes of symptoms and capability after given cognitive behaviour therapy and assertiveness training with chronic low self-esteem and risk of violent behavior clients

Mochamad Ali Sodikin, author

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Abstrak

ABSTRAK

Skizofrenia merupakan penyakit neurobiologis berat dan terus menerus yang mengakibatkan terganggunya kehidupan individu. Tanda gejala yang terjadi klien berupa berupa gejala positif dan gejala negatif dengan diagnosis keperawatan harga diri rendah kronik dan risiko perilaku kekerasan. Tujuan karya ilmiah akhir spesialis ini adalah untuk mengetahui perubahan tanda gejala dan kemampuan klien harga diri rendah kronik dan risiko perilaku kekerasan setelah mendapatkan tindakan keperawatan ners generalis dan ners spesialis : terapi kognitif perilaku dan latihan asertif. Asuhan medik adalah pemberian antipsikotik dan asuhan keperawatan adalah tindakan ners dan ners spesialis. Metode karya ilmiah akhir yang digunakan adalah riset operational dengan jumlah sampel 30 klien. Hasil penelitian ini didapatkan bahwa tanda dan gejala harga diri rendah kronik dan risiko perilaku kekerasan menurun secara bermakna (p-value ≤ 0.05) dan kemampuan klien meningkat secara bermakna (p-value ≤ 0.05) setelah pemberian tindakan keperawatan ners generalis dan ners spesialis terapi kognitif perilaku dan latihan asertif. Pemberian kombinasi tindakan ners, ners spesialis terapi kognitif perilaku dan latihan asertif sangat direkomendasikan untuk penatalaksanaan diagnosis keperawatan harga diri rendah kronik dan risiko perilaku kekerasan.

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ABSTRACT
Schizophrenia is a severe and continuous neurobiological disease that results in disruption of individual life. Signs and symptoms that occur on clients are in the form of positive symptoms and negative symptoms with a nursing diagnosis chronic low self-esteem and the risk of violent behavior. The purpose of this specialist s final scientific work is to determine changes in signs and symptoms and the client's ability who have chronic low self-esteem and the risk of violent behavior after obtaining nursing actions by generalist nurses and specialist nurses : cognitive behaviour therapy and assertiveness training. Medical care is the provision of antipsychotics and nursing care is the action of nurses and specialist nurses. The final scientific method used is operational research with a sample of 30 clients. The results of this study showed that the signs and symptoms of chronic low self-esteem and the risk of violent behavior decreased significantly (p-value ≤ 0.05) and the ability of clients increased significantly (p-value ≤ 0.05) after giving generalist nursing actions and specialist nursing actions cognitive behaviour therapy and assertiveness training. Giving a combination of actions by nurses, specialist nurses cognitive behaviour therapy and assertiveness training is highly recommended for the management of nursing diagnoses of chronic low self-esteem and the risk of violent behavior.