

## Hubungan antara childhood parental neglect dan psychological distress pada mahasiswa tahun pertama Universitas Indonesia = Correlation between childhood Pparental neglect and psychological distress among first-year students of Universitas Indonesia

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### Abstrak

Penelitian ini bertujuan untuk melihat bagaimana hubungan antara pengalaman neglect oleh orang tua pada masa kanak-kanak dan psychological distress ketika dewasa. Penelitian dilakukan kepada 382 mahasiswa tahun pertama di Universitas Indonesia dengan rentang usia 18-20 tahun. Psychological distress diukur menggunakan Self Reporting Questionnaire (WHO, 1994) dan childhood parental neglect diukur dengan The Multidimensional Neglectful Behavior Scale, Form AS: Adolescent and Adult-Recall, Short Version (Straus, Kinard, & Williams, 1995).

Pengujian statistik dengan simple linear regression membuktikan bahwa childhood parental neglect ( $M = 13.94$ ,  $SD = 3.83$ ) dan psychological distress ( $M = 7.23$ ,  $SD = 4.70$ ) berkorelasi secara signifikan dan positif ( $F(1,380) = 29.521$ ,  $p = .000$ ) dengan effect size sebesar  $R^2 = 0.072$ . Hal ini mengindikasikan bahwa psychological distress yang dialami mahasiswa tahun pertama di Universitas Indonesia berhubungan dengan pengalaman childhood parental neglect, dimana jika skor childhood parental neglect meningkat maka skor psychological distress juga akan meningkat.

*This research aimed to explore the relationship between childhood experience of neglect by parents and later psychological distress. The research conducted to 382 first-year students at Universitas Indonesia with age range of 18-20 years. Psychological distress is measured using the Self Reporting Questionnaire (WHO, 1994) and childhood parental neglect is measured by the Multidimensional Neglect Behavior Scale, Form US: Adolescent and Adult-Recall, Short Version (Straus, Kinard, & Williams, 1995).*

*Statistical testing with simple linear regression proved that childhood parental neglect ( $M = 13.94$ ,  $SD = 3.83$ ) and psychological distress ( $M = 7.23$ ,  $SD = 4.70$ ) correlated significantly and positively ( $F(1,380) = 29.521$ ,  $p = .000$ ) with an effect size of  $R^2 = 0.072$ . The result indicates that the psychological distress experienced by first-year students at Universitas Indonesia related to the history of childhood parental neglect, when the childhood parental neglect score increases, the psychological distress score will also increase.*